



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi  
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : World Body Building and Physique Sports Federation (WBPF)  
Asian Body Building and Physique Sports Federation (ABBF)  
South Asian Bodybuilding & Fitness Federation (SABBF)

Recognized by : The Association For International Sport For All (TAFISA)  
World Leisure Organization (WLO)  
General Assembly Of Asia Pacific (GAAPSF), Pacific Games Council (PGC)  
Union of International Associations (UIA)

**Date: 16<sup>th</sup> March, 2022**

To,  
**The Secretaries / Executive Committee Members / Life Members**  
Units of Western India Zone  
Affiliated to Indian Body Builders Federation, Mumbai.

Ref. No.: IBBF/SN/CR-06-22

**Sub.: "Western India Body Building Championship 2021 - 22"**

**Dear Sir/Madam**

It gives us immense pleasure to inform you that **Shri. Sudhir dada Gadgil** – BJP MLA from Sangli district on the occasion of his birthday has taken initiative to organize the National Body Building Competition" **Western India Body Building Championship 2021 - 22**" under the patronage of Body Builders Association of Sangli, to be held on **Tuesday, 05<sup>th</sup> April, 2022** at Tarun Bharat Stadium Sangli (Maharashtra).

We on behalf of Indian Body Builders Federation humbly request all the affiliated Units of Western India zone to participate with maximum number of athletes to make this championship a grand success.

This Championship is open only for the athletes of the affiliated state association of the Western India Zone.

Your kind co-operation is solicited.

Thanking you,

**For Indian Body Builders Federation**

**Hiral Sheth**  
**General Secretary**



**: CORRESPONDENCE ADDRESS :**

Pathare Gymco 280/A, Jawalkar Mansion, Dr. B.Ambedkar Road, Parel, Mumbai- 400 012. Maharashtra.  
Mobile : +91 9819637300. Email : [ibbf\\_mumbai@yahoo.in](mailto:ibbf_mumbai@yahoo.in) Website : [www.ibbf.in](http://www.ibbf.in)



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## “Western India Body Building Championship 2021 - 22”

### PARTICULARS

<b>Contest</b>	:	Western India Body Building Championship 2021-22.
<b>Date</b>	:	Tuesday, 5 <sup>th</sup> April, 2022
<b>Organizer</b>	:	Body Building Association of Sangli Sudhir dada Gadgil Yuva Munch. Sangli
<b>Reception / Registration</b>	:	Tarun Bharat Stadium Sangli (Mahadev Mandir, Maruti Mandir Road, Goanbhag, Sangli, Maharashtra 416416)
<b>Venue for Finals</b>	:	Tarun Bharat Stadium Sangli (Mahadev Mandir, Maruti Mandir Road, Goanbhag, Sangli, Maharashtra 416416)
<b>Nearest Railway</b>	:	Sangli
<b>Weight Group</b>	:	
<b>Men's Bodybuilding</b>	:	<b>Total 10 Weight Groups</b> Up to & inclusive 55 kgs Up to & Inclusive 60 kgs Up to & inclusive 65 kgs Up to & Inclusive 70 kgs Up to & inclusive 75 kgs Up to & inclusive 80 kgs Up to & inclusive 85 kgs Up to & inclusive 90 kgs Up to & inclusive 90 - 100 kgs Up to & inclusive Above 100 kgs
<b>Eligibility</b>	:	All the affiliated Units of Western India Zone only can send Maximum numbers of body builders since there is no limit on numbers of athletes.
<b>Doping</b>	:	Dope test will be conducted at random by the National Anti-Doping Agency (NADA), New Delhi

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### Prizes & Awards for :

- Men's Body Building :
1. First Five places in each category will receive Cash Prize, Trophy, Certificates.
  2. First Three places in each category will receive Cash Prize, Medal, Trophy and Certificates.
  3. First Five places in each category will receive cash Prizes of Rs.10,000/-, Rs.8,000/-, Rs.7,000/-, Rs.4,000/-, Rs.3,000/- along with Merit Certificates respectively.
  4. Overall, Champion will receive Cash Prize of Rs.125,000/- Along with Merit Certificate.
  5. Best Poser will receive Cash Prize of Rs.20,000/-
  6. All the participants will receive participation certificate.

### Entry Fees

Men's Bodybuilding : Rs.1000/- per competitor

Last Date for Entry : 28<sup>th</sup> March, 2022

Contact : Mr. Inayat Tardelkar – 9373329292  
Mr. B Atul Mane - 9823606151

IBBF Secretariat : Ms. Hiral Sheth –General Secretary  
Mobile: 9819637300

Mr. Atin Tiwari – Treasurer  
Mobile: 9827414447

- Rules for the Contest :
1. Team Managers please note that the competitors who fail To report for the weighing-in within the time limit will be eliminated from the championship.
  2. All officials and competitors must arrive prior to the schedule.
  3. Team Manager please note Bodybuilders using tanning products / oil will be responsible for payment in full for bed sheets, pillow covers and wall paint stained by the same and the State Association/Union Territories and Sports Boards will have to bear the cost of the same before departure.
  4. All the officials, managers, coaches are requested to come in uniform prescribed by IBBF will not be allowed to participate in any official activities and will not be allowed to sit as judge.
  5. Golden, Silver, and Bronze color tanning cream is not allowed.

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6. It is compulsory for the participants participating for Best Poser contest to bring their own music CD, Vulgar songs and actions will not be allowed and the said participant will be banned from the Best Poser contest.
7. The lodging and boarding will be provided for one night only to the athletes and the officials. Those who arrive early or wish to stay later will have to make their own arrangements.

#### **Please Note**

:The Indian Body Builders Federation, Body Builders Association of Sangli, Sudhir dada Gadgil Yuva Munch. Sangli and no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.

#### **SCHEDULE**

##### **Tuesday 05<sup>th</sup> April, 2022**

- 11.00 am onwards : Arrival, Weighing – in and Registration of all competitors, officials and judges
- 12.00 pm to 2.00 pm : Lunch
- 06.00 PM Onwards : Finals & Prize Distribution
- 010.00 PM : Dinner

##### **Wednesday 06<sup>th</sup> April, 2022**

- 8.00 AM to 9.00 AM : Breakfast
- 9.30 AM Onwards : Departure

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**" Western India Body Building Championship 2021- 22"  
OFFICIAL ENTRY FORM**

Please fill this entry form and return on or before 28<sup>th</sup> March, 2022

SR.	NAME	CONTACT NO	CATEGORY	WEIGHT
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10				
11				
12				
13				
14				
15				

Please complete with name of competitors, team manager, coach & judges.

TEAM MANAGER: \_\_\_\_\_ COACH: \_\_\_\_\_

JUDGE: \_\_\_\_\_ JUDGE: \_\_\_\_\_

UNIT NAME: \_\_\_\_\_

TRAIN No. & ARRIVAL TIME:

TRAIN No. & DEPARTURE TIME: \_\_\_\_\_

SEAL

SIGNATURE OF PRESIDENT/SECRETARY

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### RAIL TRAVEL CONCESSION

(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II))  
MOR/Ref:- No.TC-II/2035/06/BodyBuilding(Dt.5/8/2013)

This to certify that that \_\_\_\_\_ Body Builders/Officials of \_\_\_\_\_ is/are taking part in the “**Western India Body Building Championship 2021-22**”, being organize by Body Builders Association of Sangli, under the authority of **Indian Body Builders Federation**. From -5<sup>th</sup> April – 06<sup>th</sup> April 2022 at Sangli, Maharashtra. This/These participant(s) is/are entitled to rail concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II). Concession Order for both journeys on paying 25% each journey from \_\_\_\_\_ to \_\_\_\_\_ and back.

**For Indian Body Builders Federation**

**Hiral Sheth**  
**General Secretary**

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